

**LEANNE DOMASH. PhD**

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**POSTDOCTORAL TRAINING**

New York University Postdoctoral Training Program in Psychotherapy and Psychoanalysis,  
Certificate of Specialization in Psychotherapy and Psychoanalysis.

**EDUCATION**

New York University, PhD  
Boston University, MEd  
University of Chicago, BA

**PROFESSIONAL EXPERIENCE**

Private Practice, 1974-present.

Dynamically-oriented psychotherapy, including short-term therapy, focused therapy,  
group therapy, couples and family therapy. Clinical population: children, adolescents, and  
adults.

Supervisor, Department of Psychiatry, Mount Sinai Beth Israel Medical Center, New York, NY,  
2006-present. Currently Voluntary Psychologist, Mount Sinai Beth Israel Medical Center and  
Associate Clinical Professor of Psychiatry, Icahn School of Medicine at Mt. Sinai, New York,  
NY.

Supervision of psychiatric residents in long-term psychotherapy.

Supervisor, New York University, Postdoctoral Program in Psychotherapy and Psychoanalysis,  
1992- present.

Supervision of postdoctoral students in clinical work.

Supervisor School Psychology Program, New York University, 1989-2003.

Supervision of doctoral students in child psychotherapy in clinical practicum.

Faculty Member and Supervisor, New Hope Guild Center, Brooklyn, NY, 1981-1989.

Supervision of adult and child psychotherapy and teaching of formal course work.

Director of Scientific Meetings, Faculty Member, and Supervisor, Institute for Expressive  
Analysis, New York, NY, 1979-1983.

Staff Psychologist (1975-1979); Psychological Examiner (1970-1974)

## **Leanne Domash, PhD**

Beth Israel Medical Center, New York, NY, Department of Pediatrics. Assistant Professor of Psychiatry, Mount Sinai School of Medicine, 1977-1979.

Broad range of psychotherapeutic work: individual and group therapy with children and adolescents; family therapy; short-term, focused treatment; crisis intervention; after 1974, also teaching of psychiatric and pediatric residents, including formal course work, case conferences, direct supervision of clinical work; supervision of doctoral students; consultation to nursing staff in pediatric in-patient service and neonatal intensive care unit; participation in a number of research projects, including follow-up of infants born to women on methadone.

Psychology Intern/Psychological Examiner (1971-1972)

Beth Israel Medical Center, New York, NY. Received intensive supervision in psychological testing of children and adolescents and individual child psychotherapy, family and group psychotherapy, including focused treatment and crisis work. Internship accepted as part of New York University Ph.D. program requirement.

### **Licenses:**

Licensed for the practice of psychology, New York State Board for Psychology, State Education Department, License Number 004388.

Licensed for the practice of psychology, New Jersey State Board for Psychology, License Number 6367

Florida Telehealth Registrant # 740

### **AWARDS**

Recipient of the 2022 Scholars' Grant from the Psychoanalytic Society of the Postdoctoral Program, Inc. Project: *The Eel & the Blowfish: A Graphic Novel of Dreams, Trauma and Healing*, 2022, IPBooks.

Recipient with Evelyn Rappoport PsyD of the 2017 Scholars' Grant from the Psychoanalytic Society of the Postdoctoral Program, Inc. Project: *When Alice meets Eve in the gardens of the known and unknown* (theatrical presentation); finalist for Gradiva award

Recipient of the 2015 Scholars' Grant from the Psychoanalytic Society of the Postdoctoral Program, Inc. Project: "The Meeting of My Dreams", a theatrical production demonstrating the intergenerational transmission of trauma. Can be used as a teaching and training vehicle for students and clinicians.

### **PROFESSIONAL SOCIETY MEMBERSHIPS**

American Psychological Association (APA)

Division 39 (Psychoanalysis) of the APA

Section V of Division 39 (Psychologist Psychoanalyst Clinicians)

Postdoctoral Society of the Postdoctoral Program, Inc.

New York State Psychological Association (NYSPA)

New Jersey State Psychological Association (NJPA)

**OTHER PROFESSIONAL ACTIVITIES**

- 2020-2021 Chairperson, Faculty Selection Committee, Independent Track, New York University Postdoctoral Program in Psychotherapy and Psychoanalysis; 2022 and going forward, a member of the Committee.
- 2014-present Recording Secretary, Independent Track, New York University Postdoctoral Program in Psychotherapy and Psychoanalysis
- 2004-2006 Committee Member, Committee on Neuroscience and Psychoanalysis, New York University Postdoctoral Program, culminating in the Biology of Mind Conference, March 31 and April 1, 2006, NY, NY
- 2002-2003 Member of Study Group on Psychoanalysis and Spirituality, New York University Postdoctoral Program, NY, NY
- 1992-Present Member of the Independent Group of the New York University Postdoctoral Program, NY, NY. Currently serve as Recording Secretary and Chair of the Faculty Selection Committee.

**BOOKS**

- Domash, Leanne and Terry Marks-Tarlow (2022). *The eel and the blowfish: A graphic novel of dreams, trauma and healing*. New York: IPBooks.
- Domash, L. (2021). *Imagination, creativity and spirituality in psychotherapy: Welcome to wonderland*. New York: Routledge.
- Domash, Leanne with Judith Sachs (1994). *"Wanna Be My Friend?" How to strengthen your child's social skills*. New York: Hearst Books.

**PROFESSIONAL PUBLICATIONS**

- Domash, L. (2022). Book review of Terry Marks-Tarlow's *The mythic imagination: The interpenetration of mythology and science* in *Psychoanalytic Review*.
- Domash, L. (2022). Book review of Lucille Spira (ed.)'s *Rage and creativity: How feminism sparked psychoanalysis* in *Psychoanalytic Review*.
- Domash, L. (Spring, 2021). Creativity, imagination and resilience. *New Jersey Psychologist*, 71 (2), 7-8.
- Domash, L. (2018). The mermaid's tale. In Bonnie Zindel (Ed.), *Writing on the moon: Stories and poetry from the creative unconscious by psychoanalysts and others* (p.7). New York: Routledge.

- Domash, L. (2016). Book review of Arlene Kramer Richards and Lucille Spira's *Myths of mighty women: Their application in psychoanalytic psychotherapy* in *Psychoanalytic Review*, 103:282-284.
- Domash, L. (2016). Will we ever meet again? *Psychoanalytic Perspectives*, 13:118-119.
- Domash, L. (2016). Dreamwork and transformation: Facilitating therapeutic change using embodied imagination. *Contemporary Psychoanalysis*, 52(3):1–24.
- Domash, L. (2014). The mermaid's tale. *Psychoanalytic Perspectives*, 11:325.
- Domash, L. (2014). Creating “therapeutic” space: How architecture and design can inform psychoanalysis. *Psychoanalytic Perspectives*, 11: 94–111.
- Domash, L. (2014). Intergenerational dreaming: Response to Gerald and Sperber. *Psychoanalytic Perspectives*, 11:133–137.
- Shapiro, R.P. & Domash, L. (2011). Through the lens of quantum theory: A mother/daughter dialogue about creativity in art and psychoanalysis, *Other/Wise*, vol. 6.
- Domash, L. (2010). Unconscious freedom and the insight of the analyst: Exploring neuropsychological processes underlying “aha” moments. *Journal of the American Academy of Psychoanalysis and Dynamic Psychiatry*, 38:315-340.
- Domash, L. (2009). The emergence of hope: Implicit spirituality in treatment and the occurrence of “psychoanalytic luck.” *Psychoanalytic Review*, 96:35–54.
- Domash, L. (2009). Book review of Karen Starr’s *Repair of the Soul: Metaphors of Transformation in Jewish Mysticism and Psychoanalysis* in *Psychoanalytic Review*, 98(1),135-141.
- Domash, L. (2008). Book review of George Hagman’s *Aesthetic experience*, in *Psychoanalytic Review*, 95(2):341-346.
- Domash, L. (1994). Book review of Nina Coltart's *Slouching Towards Bethlehem* in *Contemporary Psychology*, 39(12):1116.
- Domash, L. and J. Offerman-Zuckerberg (1991). Shifting images in politics. In J. Offerman--Zuckerberg (Ed.), *Politics and psychology: Contemporary psychodynamic perspectives* (pp. 3-10). New York: Plenum Press.
- Domash, L. (1991). Narrative in psychoanalysis and everyday life. In H. Siegel, et. al. (Eds.), *Psychoanalytic reflections on current issues* (pp. 166-176). New York: New York University Press.

- Domash, L. (1989). That old black magic of femininity: then and now. In J. Offerman--Zuckerberg (Ed.), *Gender in transition* (pp. 9-16). New York: Plenum Press.
- Domash, L. (1988). Motivations for motherhood and the nature of the self-object tie. In J. Offerman- Zuckerberg (Ed.), *Critical psychophysical passages in the life of a woman* (pp. 93-101). New York: Plenum Press.
- Domash, L. (1988). Perversion: The terror of tenderness. In J. Lasky and H. Silverman (Eds.), *Love: Psychoanalytic perspectives* (pp. 93-103). New York: New York University Press.
- Domash, L. (1988). The postpartum period: analytic reflections on the potential for agony and ecstasy. In J. Offerman-Zuckerberg (Ed.), *Critical psychophysical passages in the life of a woman* (pp. 133-145). New York: Plenum Press.
- Domash, L. (1985). A note on the creativity of Virginia Woolf. Unpublished manuscript.
- Domash, L. (1984) The preoedipal patient and the pregnancy of the therapist. *Journal of Contemporary Psychotherapy*, 14(2):109-119.
- Domash, L. (1984). Book Review of M. Notman and C. Nadelson's *The woman patient in American Journal of Psychotherapy*, 33:157-158.
- Domash, L. (1984). Tragedy, masochism and the heroic confrontation. Unpublished manuscript.
- Domash, L. (1983). Self and object representations and the evil eye. *Bulletin of the Menninger Clinic*, 47(3): 217-224.
- Domash, L. (1982). Creativity and the psychotherapist. *Voices*, 17(4): 34-37.
- Domash, L. (1981). Facilitating the creativity of the psychotherapist. *The Arts in Psychotherapy*, 8(3/4):157-163.
- Domash, L. and L. Balter (1979). Restitution and revenge: antisocial trends in narcissism. *Journal of the American Academy of Psychoanalysis*, 7(3): 375-384.
- Domash, L. and R. Shapiro (1979). Dysfunctional patterns of thinking in the borderline personality, *Journal of the American Academy of Psychoanalysis*, 7(4): 543-552.
- Domash, L. (1979). Book review of Althea Horner's *Being and loving* in *American Journal of Psychotherapy*, 33:145.
- Domash, L. (1978). The development of tenderness in a six-year old boy. *International Journal of Psychoanalysis*, 5:65-70.
- Levitzky, S. and L. Domash (1978). Psychological maladjustment in a child with premature pubarche. *The Mount Sinai Journal of Medicine*, 45(1):125-127.

Domash, L. (1978). Book review of Elaine Hilberman's *The rape victim* in *American Journal of Psychotherapy*, January 32:134-135.

Domash, L. (1977). Book review of Humberto Nagera's *Obsessional neurosis* in *American Journal of Psychotherapy*, 31:635.

Domash, L. (1976). Book review of E.S. Maccia's *Women and education* in *American Journal of Psychotherapy*, 30:687-688.

Domash, L. (1976). Book review of Rita J. Simon's *The contemporary woman and crime* in *American Journal of Psychotherapy*, 30:509-510.

Domash, L. (1976). The therapeutic use of writing in the service of the ego, *Journal of the American Academy of Psychoanalysis*, 4(2):261-269.

Domash, L. and L. Balter (1976). Sex and psychological differentiation in pre-schoolers. *Journal of Genetic Psychology*, 128: 77-84.

Domash, L. (1975). The use of wit and the comic by a borderline psychotic child during the course of psychotherapy. *American Journal of Psychotherapy*, 29(2): 261-270.

## **ABSTRACTS**

Member, abstract and book review staff of *American Journal of Psychotherapy*. Abstracts in the field of Psychosomatic Medicine appeared in the *American Journal of Psychotherapy*, 1975 to 1979.

## **PRESENTATIONS & COURSES**

Terry Marks-Tarlow & Leanne Domash, *Reaching for the Stars: Psychotherapy as a Spiritual Journey*, The Insight Center, to be presented July 15, 2023.

Leanne Domash, *Dreams, Dybbuks and the Hereafter*, Panel on Transcendental and the Uncanny: The Liminality of Death Itself, Liminal Spaces: Between No Longer and Not Yet, William Alanson White Institute, Fordham University Law school, NY, NY, to be presented April 2, 2023.

Leanne Domash, *Imagination, Creativity and Spirituality in Psychotherapy: An Introduction*, Pacifica Online, February 1, 2023, February 8, 2023, February 15, 2023, February 22, 2023.

Leanne Domash & Terry Marks-Tarlow (2023). *Chasing Away the Covid Blues: Creativity Can Heal Trauma*. Speaker Series of the Interdivisional Task Force on the Pandemic, American Psychological Association, January 27, 2023.

- Leanne Domash & Terry Marks-Tarlow (2022). *Transformation of Trauma through the Arts, Creativity and Spirituality*. The Wisdom School of Embodied Philosophy. November 7, 2022, November 14, November 21, 2022, November 28, 2022.
- Leanne Domash & Terry Marks-Tarlow (2022). *Healing Magic: Comic Images, Fractals, Synchronicity and Neuroscience*, The Wisdom School of Embodied Philosophy, October 24, 2022.
- Leanne Domash, Panelist, *The Eel & the Blowfish: A Graphic Novel of Dreams, Trauma and Healing*, Conceptual Carnival: A Psychoanalytic Bazaar, New York University Postdoctoral Program in Psychotherapy and Psychoanalysis, September 15, 2022.
- Leanne Domash & Terry Marks-Tarlow (2022). *Speaking about the Unspeakable: Through Images, Dreamwork & Fractals*, Playful Dyads Workshop, September 10, 2022.
- Leanne Domash, *Creativity, Spirituality & Embodied Imagination*, Wine and Cheese Salon, New York University Postdoctoral Program in Psychotherapy and Psychoanalysis, October 17, 2021.
- Domash, L. *Personal Spaces and Public Memorials: How We Create Them and They Create Us*, 33rd Annual Spring Meeting of the Division of Psychoanalysis (39) of the American Psychological Association, Global Psychoanalysis in a Social World, April 25, 2013.
- Domash, L. Moderator, *Architecture as Potential Space*, Colloquium, New York University Postdoctoral Program in Psychotherapy and Psychoanalysis, April 13, 2013.
- Domash, L. & Shapiro, R.P. *Psychoanalyst/Mother and Artist/Daughter Dialogue about Flow and Creativity in Art and Psychoanalysis*, 32<sup>nd</sup> Annual Spring Meeting of the Division of Psychoanalysis (39) of the American Psychological Association, *The Leading Edge of Creativity*, April 19, 2012.
- Shapiro, R.P. & Domash, L. *Dialoguing about Art, Quantum Theory and Psychoanalysis*, 22<sup>nd</sup> Annual Interdisciplinary Conference, International Forum for Psychoanalytic Education, Theme of 'Return', Ft. Lauderdale, FL, November 11, 2011.
- Domash, L. *Dream Imagery, Personal Symbolology and a Note on the Tarot*, 21st Annual Interdisciplinary Conference, International Forum of Psychoanalytic Education, *Psychoanalysis: Not the Same Old Song and Dance?* October 29, 2010.
- Domash, L. *Working Towards Unconscious Freedom: An Embrace of Knowing and Not Knowing*, 28th Annual Spring Meeting of the Division of Psychoanalysis (39) of the American Psychological Association, *Knowing, Not Knowing and Sort-of-Knowing: Psychoanalysis and the Experience of Uncertainty*, New York City, April 11, 2008.
- Domash, L. *Addiction as an Attachment Disorder*, Hunter College Counselor Education Programs, February 28, 2008.

- Domash, L. *Unconscious Freedom, Neuroscience, and the Psychoanalytic Process*, Annual Conference of the Division of Psychoanalysis, New York State Psychological Association, *Psychoanalysis and Neuroscience: The Brain in Therapy*, September 21, 2008.
- Domash, L. *Psychotherapy, the Nature of Change and the Spontaneous Self*, Grand Rounds Presentation, Beth Israel Medical Center, Department of Psychiatry, April 26, 2007.
- Domash, L. *The Emergence of Hope: Implicit Spirituality in Treatment and the Occurrence of "Psychoanalytic Luck."* Panel, The Emergence of Hope Through Metaphor, Artistic Expression, Faith and Luck. H. Seiden, Chairperson. Annual Division 39 Meetings, Minneapolis, April 3, 2003.
- Domash, L. *Playing with Anger: An Experiential Workshop* with Leanne Domash and Sara Weber. (Introduction of neuroscience concepts to psychologists), 33<sup>rd</sup> Annual New York University Postdoctoral Weekend, November 8, 2003
- Domash, L. Panelist, *Spirituality and Psychoanalysis*, 32<sup>nd</sup> Annual New York University Postdoctoral Weekend, November 17, 2002.
- Domash, L. Panelist, *Practical Knowledge About Graduate School: Thinking About Non-Academic Career Degrees*, Taking the Next Step (motivational program to help third year students think about their future career path), The University of Chicago, Chicago, IL, January 13, 2001.
- Domash, L. *Creating Your Own Personal Spiritual Legacy* (workshop on the importance of writing an "ethical will"), The Ross School, East Hampton, NY, November 2, 2001.
- Domash, L. *Intimacy Dilemmas in Treatment*, Independent Group, New York University Postdoctoral Program, March 2, 1997.
- Domash, L. Panelist, *The Emergence of Evil in Treatment*. 27<sup>th</sup> Annual Postdoctoral Weekend, November 1, 1996.
- Domash, L. *Spirituality and the Life Cycle of the Analyst*. Eighth Biennial Conference of the Psychoanalytic Society of the Postdoctoral Program, Self-Expression: Analyst and Analyst, February 3, 1996
- Domash, L. Panelist, *Reflections on the Changing Perspective of the Analyst*. 26<sup>th</sup> Annual Postdoctoral Weekend, September 29, 1995.
- Domash, L. Panelist, *The Inner World of the Analyst*. H. Gold, Chairperson. Colloquium, New York University Postdoctoral Program in Psychoanalysis, April 21, 1995.
- Domash, L. *Bridges Between Judaism and Psychoanalysis*. Sermon, The Brotherhood Synagogue, New York, July 15, 1994.



- Domash, L. *A Winnicottian Analyst Meets Managed Care*. Seventh Biennial Conference of the Psychoanalytic Society of the Postdoctoral Program, Culture and Context: Psychoanalysis in a Changing World, March 5, 1994.
- Domash, L. Workshop Leader with Michael Varga, Ph.D. *On the "Private" in Private Practice: A Conversation on the Vicissitudes of Establishing and Maintaining a Private Practice*. Independent Group, New York University Program in Psychoanalysis, January 9, 1994.
- Domash, L. Panelist, *Creativity and the Psychoanalytic Process*. E. Hammer, Chairperson. Annual Division 39 Meetings, New York, April 18, 1993.
- Domash, L. *The Receptive Function of the Therapist*. Beth Israel Medical Center, Residency Training Program, February 2, 1993.
- Domash, L. Panelist, *Free Choice? Why We Became Psychoanalysts and How It Affects Our Work*. D. Barouch, Moderator. 23rd Annual Postdoctoral Weekend, October 3, 1992.
- Domash, L. Panelist, *Creativity and the Psychoanalytic Process*. E. Hammer, Chairperson. Colloquium, New York University Postdoctoral Program in Psychoanalysis, March 6, 1992.
- Domash, L. *Making Contact: The Non-Analytic Patient and Transitional Space*. Sixth Biennial Conference of the Psychoanalytic Society of the Postdoctoral Program, The Meeting of Minds: On the Nature of Contact in Psychoanalysis, February 1, 1992.
- Domash, L. *Working Through Trauma: The Self-Analysis of Frida Kahlo*. Colloquium, New York University Postdoctoral Program in Psychoanalysis, November 9, 1990. Presentation also given at Brooklyn Institute for Psychotherapy, October 7, 1990.
- Domash, L. *The Vicissitudes of Sexuality in the Borderline Personality Structure*. Fifth Biennial Conference of the Psychoanalytic Society of the Postdoctoral Program, Sexuality 1990: Psychoanalytic Perspectives, February 24, 1990.
- Domash, L. *The Developmental Nature of the Sibling Relationship and the Meaning of Collaboration*. Fourth Biennial Conference of the Psychoanalytic Society of the Postdoctoral Program, Unique Family Configurations, Neglected Family Ties: Psychoanalytic Perspectives, February 6, 1988.
- Domash, L. Panelist, *Women in War*. J. Newman, Chairperson. Ninth Annual Convention of the International Psychohistorical Convention, June 12, 1986.
- Domash, L. *Perversion: The Terror of Tenderness*. Third Biennial conference of the Psychoanalytic Society of the Postdoctoral Program, Love: Psychoanalytic Perspectives, New York University, February 15, 1986.

Domash, L. *Childbirth: Agony and Ecstasy*. Symposium, *Critical Psychophysical Passages in the Life of a Woman*. J. Offerman-Zuckerberg, Chairperson. Annual Division 39 Meetings, New York, April 11, 1985.

Domash, L. Chairperson for *The Use of Expressive Arts in Prevention: Facilitating the Construction of Objects* by Judith Kestenberg, M.D., 2nd Annual Leonard Strahl Memorial Lecture, February 25, 1983.

Domash, L. Chairperson and discussant for *Winnicott and Creativity: An Analysis of the Poetry of Emily Dickinson* by Simon Grolnick, M.D., 1st Annual Leonard Strahl Memorial Lecture, March 5, 1982.

Domash, L. *The Impact of the Pregnancy of the Therapist*. New York Society for Psychoanalytic Training, April 12, 1980.

Domash, L. *Effects of Therapist's Pregnancy*. Panel, Grand Rounds Presentation, Beth Israel Medical Center, Department of Psychiatry, May 22, 1979.

Domash, L. *Development of Conscience in Children-Psychodynamic Point of View*. Presentation given on WCBS-TV, Sunrise Semester, October 14, 1977.

Domash, L. *Development of Tenderness in a Six-Year Old Boy*. Grand Rounds Presentation, Misericordia Hospital, Department of Psychiatry, Bronx, N.Y. April 28, 1977.

Domash, L. *Women and the Creative Process*, presentation given by Leanne Domash with Judith Rossner, novelist. Forums by Women, 70 W. 38th St., New York City, March 5, 1977.

## **THERAPEUTIC THEATER PRESENTATIONS**

For the past several years, I have been experimenting with what can be termed “psychoanalytic theater,” a novel and innovative concept that has teaching, training and therapeutic potential. These are “learning plays” that can introduce students of psychology and psychiatry to psychoanalytic concepts and dynamics.

As live theatre, these plays can also be used both as a therapeutic medium. They can be presented to different groups of patients, who can explore issues in the “talk back” afterwards, while having the safety of a theatrical narrative to provide the proper amount of distance and limit re-traumatization. Our theater troupe leads “talk-backs” after each performance to explicate the concepts presented and have the audience engage in discussion.

Domash, L. (2018). *Living on the Edge: A Magical Mixture of the Sacred and Profane* (theatrical presentation). Performances: April 23, 2018, TBG Studio Theatre, 312 West 36th Street, New York; April 24 and 25, Jewish Enrichment Center, 38 West 13th Street, New York.

Domash, L. (2017). *A Joke for Bella* (theatrical presentation). Performances: March 22, 2017, TBG Studio Theatre, 312 West 36th Street, New York; April 21, 2017, New York University, 35 West 4th Street, New York; April 30, 2017, Jewish Enrichment Center, 38 West 13th Street, New York.

Domash, L. & Rappoport, E. (2016). *When Alice Meets Eve in the Gardens of the Known and Unknown* (theatrical presentation). Performances: May 8, 2016, Branded Saloon, 603 Vanderbilt Avenue, Brooklyn, NY; June 4, 2016, New York Psychological Association Convention: Advancing the Practice of Psychology: Ethics, Risk Management and Innovative Methods, White Plains, NY; October 8, 2016, Seeing Red Conference: Exploring the archetypal roots of feminine oppression through a deep engagement of the analytic and artistic, Assisi Institute, Stonington, CT. Finalist for the Gradiva Award.

Domash, L. (2015). *The Meeting of My Dreams* (theatrical presentation). Performances: April 26, 2015, 35th Annual Spring Meeting of the Division of Psychoanalysis (39) of the American Psychological Association, Life in Psychoanalysis in Life; July 19, 2015, Society for Exploration of Psychoanalytic Therapies and Theology, Allentown, PA.